Supplement Facts

Serving Size: 1 scoop (12.7 g)

Servings per Container: 30

Amount per Serving	% Dai	% Daily Value	
Calories	20		
Total Carbohydrate	7 g	3%*	
Dietary Fiber	3 g	11%*	
Soluble Fiber	3 g	†	
Total Sugars	2 g	†	
Includes 2 g Added Sugars		4%*	
Vitamin D (as cholecalciferol) 25	mcg (1,000 IU)	125%	
Calcium (as tricalcium phosphate, calcium citral	te) 1,200 mg	92%	
Phosphorus (as tricalcium phosphate)	600 mg	48%	
Magnesium (as magnesium citrate)	300 mg	71%	
Zinc (as zinc gluconate)	5 mg	45%	
Copper (as copper gluconate)	0.1 mg	11%	
MSM (methylsulfonylmethane)	250 mg	†	
Trace mineral complex from red algae	140 mg	†	
Glucosamine HCI	100 mg	†	
Boron (as boron amino acid chelate)	1 mg	†	
Strontium (as strontium citrate)	500 mcg	†	

^{*} Percent Daily Values are based on a 2,000 calorie diet † Daily Value not established.

OTHER INGREDIENTS: Chicory root inulin, fructose, natural flavors, guar gum, xanthan gum, rebaudioside A, silica, sunflower oil powder, beta-carotene (color) and orange peel.