

Supplement Facts

Serving Size: 1 Scoop (16 g)
Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	40	
Total Carbohydrate	10 g	4%
Total Sugars	0 g	
Includes 0g Added Sugar		0%
Vitamin A (retinyl palmitate & 40% beta carotene)	3000 mcg RAE	333%
Vitamin C (as ascorbic acid)	1250 mg	1389%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin E (as d alpha tocopheryl acetate)	40 mg	267%
Vitamin K (as menatetrenone)	40 mcg	33%
Thiamin (Vitamin B1) (as thiamin mononitrate)	30 mg	2500%
Riboflavin (Vitamin B2)	30 mg	2308%
Niacin (Vitamin B3) (as niacinamide)	40 mg NE	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1765%
Folate (as Calcium 5-methylfolate)	300 mcg DFE	75%
Vitamin B12 (as Methylcobalamin)	1000 mcg	41,667%
Biotin	750 mcg	2500%
Pantothenic acid (as D-calcium pantothenate)	150 mg	3000%
Calcium (as citrate, gluconate) (from algaeCal)	120 mg	9%
Iron (as ferrous gluconate)	1 mg	6%
Magnesium (as magnesium gluconate, oxide) (from algaeCal)	40 mg	10%
Zinc (as zinc gluconate)	3 mg	27%
Selenium	100 mcg	182%
Copper (as copper oxide)	1.5 mg	167%

*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. *** At time of production.

	Amount Per Serving	% Daily Value*
Chromium (as chromium chelate)	200 mcg	571%
Potassium (potassium citrate)	175 mg	4%

Organic Whole Food Blend	5,700 mg	†
(Rice solids [Rice maltodextrin, rice protein, carrot root, acai berry, curry leaf extract, parsley leaves, spinach leaves, tomato juice, spirulina, chlorella, blueberry fruit, acerola fruit extract, guava leaves extract, citrus lemon peel, mustard seed extract, holy basil leaves extract, moringa leaves extract, amatto seed extract, maitake mushroom, shiitake mushroom, cordyceps mushroom, bilberry fruit, broccoli sprout, cauliflower sprout, kale sprout, nettle leaves, reishi mushroom, broccoli, kale, cauliflower])		

Organic, Typical Amino Acid Complex		
From whole brown rice: L-alanine 20 mg, L-arginine 29 mg, L-aspartic 40 mg, L-cysteine 9 mg, L-glutamic acid 80 mg, L-glycine 20 mg, L-histidine 10 mg, L-isoleucine 20 mg, L-leucine 20 mg, L-lysine 15 mg, L-methionine 10 mg, L-phenylalanine 20 mg, L-proline 20 mg, L-serine 20 mg, L-threonine 15 mg, L-tryptophan 5 mg, L-tyrosine 20 mg, L-valine 25 mg		

Trace Mineral	300 mg	†
containing Marine algae (algae calcareas) including boron, manganese, silica, strontium, vanadium, zinc		

Beet root	150 mg	†
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PuriGenic Multifaceted Free Radical Defense System	150 mg	†
(Proprietary blend: organic amla, selenomethionine, grape seed extract)		

Vegan Glucosamine HCl	125 mg	†
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MSM (Methylsulfonylmethane)	100 mg	†
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Prebiotic Probiotic Blend:	100 mg	†
(including prebiotic fiber from fructooligosaccharides (FOS), Lactobacillus acidophilus, Lactobacillus sporogenes (a.k.a. bacillus coagulans) (1 billion CFU)***)		

Chondroitin Sulfate (from bovine)	25 mg	†
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Inositol	25 mg	†
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Co-enzyme Q10	3 mg	†
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OTHER INGREDIENTS: Organic tapioca maltodextrin, citric acid, natural flavors, organic stevia (Rebaudioside A), xanthan gum, silica, and natural color (turmeric color), acacia gum.